

## EfM Canada Training Request Form

*Please use a separate form for each training requested.*

Diocese \_\_\_\_\_

Coordinator \_\_\_\_\_

Date request made \_\_\_\_\_

Date of the proposed Training \_\_\_\_\_

Is the training (check one)

Foundations of Seminar Life

Number of expected participants who are new to Mentoring \_\_\_\_\_

Number of expected participants who are experienced Mentors \_\_\_\_\_

*The minimum number of participants is 6, the maximum is 8. This is necessary so that all participants have an opportunity to lead and experience TR.*

Formation

Number of expected participants who qualify \_\_\_\_\_

*Participants in formation training must have a well-rounded experience of EfM including having attended at three Foundations Trainings. Allowable numbers will vary depending on the focus of the event and the decision of the trainer.*

What area of focus is preferred by the mentors? \_\_\_\_\_

*{See the list on the next page for the Formation Events available in Canada}*

Location of training \_\_\_\_\_

Trainer's accommodation \_\_\_\_\_

Preferred start time \_\_\_\_\_

Preferred ending time \_\_\_\_\_

Other comments and information:

***Mentor trainings must have 18 contact hours. This includes the worship but does not include mealtimes. Please suggest a timeframe that allows for adequate rest for the participants.***

*Guidelines for Coordinators for setting up a training event are found in the coordinators' section of the website [www.efmcanada.ca](http://www.efmcanada.ca) please consult these guidelines for help with organizing a training event.*

## **FORMATION EVENTS AVAILABLE IN CANADA**

### **EQUIPPING FOR MINISTRY:**

To understand lay ministry as part of the total mission and ministry of the church. Participants will develop skills for equipping seminar members to exercise their ministries as the baptized people of God. (1 trainer, 6-12 participants)

### **EXPERIENTIAL LEARNING:**

To increase the mentor's ability to help seminar groups learn from their own experience and thereby take responsibility for their life together. Trainees will learn basic theories of experiential education which will be tested and developed during training. (1 trainer, 6-12 participants)

### **GROUP SKILLS AND HUMAN INTERACTION:**

To refine mentor's group skills through building community and understanding group dynamics as related to EfM groups. Mentors will become aware of group leadership skills and styles of human interaction and gain confidence in using theories and learnings in the EfM setting. (1 trainer, 6-12 participants)

### **LIVING WITH CONFLICT:**

To enhance the mentor's ability to be a point of God's loving presence in the midst of conflict. This will be done by increasing the ways we can respond to strong differences between people and by creating a community of support in which we can examine conflict situations in our lives. (1 trainer, 6-12 participants)

### **SPIRITUALITY:**

To experience and explore our own spirituality and draw implications for mentoring by having a time of refreshment and renewal. This is achieved through deepening our relationship with God and exploring resources for our spirituality. (1 trainer, 6-12 participants)

### **FOUR SOURCES:**

To examine in depth the four sources of theological reflection used in EfM, making distinctions between the four source model and the various methods used so that mentors may more effectively facilitate Theological Reflections which lead participants to new insights and implications for action. Each of the sources will be examined independently of the others, as well as the relationships between the sources. (1 trainer, 6-12 participants)

### **ADVANCED THEOLOGICAL REFLECTION:**

To work with other Mentors to integrate more deeply the function of theological reflection in the ongoing life of a seminar group. To explore the implications of the four source model of learning, experiment with different methods of theological reflection, and find ways to "take home" the learnings from particular seminar situations.